



SEVEN PROJECT

STUDENT DISCUSSION GUIDE

Choices

Discussion Guide

Use these tips and the questions that follow to facilitate a discussion on character:

- Use the first 2-3 questions to warm students up and help them feel comfortable responding.
- Encourage students to open up and share personal experiences when appropriate.
- Keep the discussion focused on the topic at hand.
- Keep the discussion positive and encouraging; discourage negative comments toward any person.
- Don't be afraid of silence. Give students a few seconds to form a response. If no one responds, give your own response to the question then ask someone directly to give their opinion.

Discussion Questions

What kinds of decisions do you think you make in a given day? (Possible answers could include: what to eat, what to wear, etc.)

How many of those decisions have little or no consequences? (Have them give examples)

What choices do you make that could potentially have great consequences? (Possible answers could include: choosing not to do your homework, choosing not to go to practice, etc.)

Why are some choices more difficult to make than others? (Possible answers could include: some have greater consequences, some require you to do something you don't enjoy doing, etc.)

What goals do you have for your life? (Possible answers could include to graduate high school, attend college, play sports professionally, marry and have a family, etc.)

Do you think the choices you make now will affect accomplishing future goals? Why or why not?
“Discipline is the bridge between goals and accomplishments.” – Jim Rohn, business philosopher (www.characterspringfield.com)

How would you define “self-discipline?” (Possible answers could include: to work hard, to control your emotions, actions, and impulses, and to give your best in every situation)

It’s not easy to always make the right decision when faced with a difficult choice. What tools can you use to help you make right decisions? (Possible answers could include: keeping your goals in mind, accepting advice from others, etc.)

Is it possible to start over if you mess up and make a poor choice?

What would you say to someone who has made poor choices in the past, but now wants to pursue a great dream?